



September 2022

Where did August go?! I was a little late getting my fall vegetable garden in, but it's finally planted. Many things were late to ripen this year due to the weather, so it feels like the summer garden is still in full swing. However, if you haven't planted your fall garden you can still plant lettuce, radishes, spinach, and kale in September. And think about extending the growing season into early winter by using row covers. See our Vegetable Gardening in Kentucky guidebook, page 18, for more information:

<http://www2.ca.uky.edu/agcomm/pubs/ID/ID128/ID128.pdf>.

I've had a lot of reports that monarch caterpillars were late this year, but we are finally seeing them! Be on the lookout and don't forget to apply for our monarch waystation grant next April to help them out by planting a pollinator garden in your backyard.

Now is a good time to start moving houseplants back inside if you moved them outside for the summer. Be sure to inspect them for insects before moving them in and treat as necessary depending on what you find. You should also stop fertilizing. Houseplants that have been kept outside are used to receiving more light than indoors so you can slowly acclimate them to less light by moving them to a shadier location while still outdoors. Check out this video for more information: <https://www.youtube.com/watch?v=hdBtw2mREdI>

We have a lot of upcoming events and classes for September so be sure to check them out below!

Your gardening tips, comments and questions are always appreciated. Please email or call anytime. *Happy Gardening!*

Woodford County Extension Page:

Woodford County Horticulture Extension Page:

<https://www.facebook.com/woodfordCES>

Woodford County Extension Master Gardener Page:

<https://www.facebook.com/WoodfordCountyMasterGardeners>



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Upcoming Events

September 16th, Woodford County Farm to Table Dinner

Tickets are now on sale for our annual Woodford County Farm to Table Dinner!

The Woodford County Farm to Table dinner is intended to support our local farmers and producers. This locally sourced four-course meal will be crafted by [Spark Community Café](#) and will be held at [The Barn at Duckworth Farm](#). Proceeds from the 2022 Farm to Table event will benefit the [Woodford County Agricultural Education & FFA](#) and [Woodford County 4-H](#) youth organizations.

Purchase tickets on Eventbrite using the link below or stop by our office.

<https://www.eventbrite.com/e/woodford-county-farm-to-table-dinner-tickets-395133393617>



September 17th, 1-3 p.m., Tree Seedling Sale

Stop by our office anytime between 1-3 p.m. on September 17th to purchase up to 4 trees that are 1 to 2 years old and have been grown in pots by master gardeners over the past 6 months. Fall is a great time to plant trees! Master Gardeners will be on hand to answer any questions you might have as well as to provide educational materials to ensure you are successful in planting and maintaining your trees.

Click on the flyer below for more information!



Woodford County Extension Master Gardener's

Tree Seedling Sale

**SATURDAY,
SEPTEMBER 17**

1:00 – 3:00 pm

**WOODFORD COUNTY
EXTENSION OFFICE**

184 Beasley Dr.,
Versailles

Questions?
859.873.4601
faye.kubsmann@uky.edu



Kentucky Extension
Master Gardener

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KENTUCKY

- Kentucky Forestry 1–2-year-old tree seedlings that Woodford County Master Gardeners have grown in containers for 6 months will be for sale.
- \$5 per tree; Limit 4 trees per household.
- Varieties available:
 - Shumard Oak
 - Northern Red Oak
 - Gray Dogwood
 - Bald Cypress
 - River Birch
- Fall is a great time to plant trees!
Or you can hold over in the container until spring.
- Woodford County Extension Master Gardeners will be on hand to answer questions and provide educational materials on tree planting.

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Accessibility icon: A person in a wheelchair next to a speech bubble, indicating accessibility services.

September 28th, Beginning Bonsai

Learn all the basics of the art of bonsai from local expert, Joel Guerin. Joel Guerin has raised bonsai for more than 20 years. He will provide a presentation on the basics of what bonsai is and how they are trained, cared for, followed by a workshop where 20 participants will create their own indoor bonsai. You have the option to attend for free to learn about bonsai or to purchase a ticket for \$40 (limited to 20 participants) to create your own bonsai.

You can register to attend the class only OR registration to attend and purchase your very own bonsai to take home. Spots will go fast! Register here: <https://tinyurl.com/mtbhxsr>

Beginning Bonsai



One and a half hour presentation and workshop. Learn the basics of what bonsai really is, how it is created and maintained over not just years or even decades, but *centuries!*

Twenty participants will be able to actually create their first beginning bonsai. All materials provided!

HOST:

Versailles resident Joel Guerin has raised bonsai for more than 20 years, including ficus, schefflera, Ponderosa Pine, Texas ebony, various maples, junipers, bougainvillea, etc. He will provide a PowerPoint presentation on the basics of what bonsai is and how they are trained and cared for, followed by a workshop where 20 participants will create their own first indoor bonsai.



WORKSHOP:

DATE: Wednesday, September 29, 2022
TIME: 5:00 PM - 6:30 PM
COST: Free to Observe
BONSAI: \$40 for plant, pot, soil, and wire
LOCATION: Woodford County Extension Office
184 Beasley Road, Versailles, KY 40383



REGISTER HERE: <https://tinyurl.com/mtbhxsr>

INDOOR TREE
TO BE ANNOUNCED



POT



BONSAI SOIL



TRAINING WIRE

Webinar Wednesdays September Classes

Join us on Wednesdays for short, 30-minute sessions on a variety of gardening topics.

Check out the September Schedule below, [register here!](#)

Visit our Facebook page here: <https://www.facebook.com/UKYHortWebWed>

Or visit the website: <https://kentuckyhortnews.com/horticulture-webinar-wednesdays/>

All classes from last year have been recorded and can be viewed here:

<https://kentuckyhortnews.com/horticulture-webinar-wednesdays/>



September Classes

12:30 p.m. ET/11:30 a.m. CT

September 7

10th Episode! Chaos to Contentment, The Making of a Garden with Dr. Armitage

September 14

Garden Cover Crops

September 21

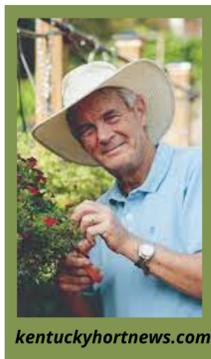
Digging & Storing Dahlias

September 28

All About Bluebirds

Register here:

<https://tinyurl.com/22septHWW>



October 15th, Fall Gardening Workshop

Join us for our annual Fall Gardening Workshop! We have a great lineup of speakers and topics plus lunch and door prizes. You don't want to miss it! Details and registration can be found here:

FALL GARDENING WORKSHOP

SATURDAY, OCTOBER 15, 2022

9:00 AM TO 1:30 PM

WOODFORD COUNTY EXTENSION OFFICE
184 BEASLEY, VERSAILLES, KY

• REGISTRATION FEE IS \$1.5

• REGISTER ONLINE:
[HTTPS://TINYURL.COM/7YFR74KP](https://tinyurl.com/7YFR74KP)

OR

• REGISTER AT WOODFORD COUNTY
EXTENSION OFFICE, 859.873.4601



Cooperative Extension Service
Agriculture and Natural Resources
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LEXINGTON, KY 40546



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Sessions to choose from include:

- Houseplants & Citrus
- Planting Spring-Flowering Bulbs
- Growing Microgreens
- Best Gardening Apps
- Good Tree Selections
- Boxed Lunch and Door Prizes

Presented by
Woodford County Extension Master Gardeners



Cover Crop Seed Giveaway for Woodford County Residents!



Your vegetable garden has done a great job of feeding you this season, why not return the favor? Instead of leaving the ground open over the winter, consider planting a cover crop, also known as green manure. Cover crops can add organic matter to the soil, reduce erosion, suppress weeds, and help to maintain the integrity of the soil.

The Woodford County Extension Service is sponsoring a free cover crop seed giveaway. County residents can receive a free 2 pounds of a legume and grain cover crop mix. **Just stop by the Agriculture Resource Building at 180 Beasley Drive in Versailles between September 12th – September 16th to pick up your free bag while supplies last.** Bags will be in a bin outside the front entrance of the building. For more information contact Faye at the Woodford County Extension Office, 859-873-4601.



September is the best month to reseed cool-season lawns such as Kentucky bluegrass and tall fescue. When purchasing seed, choose a turf-type tall fescue. Tall fescue is the best adapted grass for Kentucky. October 15 is generally considered the last day for safely planting or overseeding a tall fescue lawn in the fall.

If you do attempt a late seeding, take special care not to allow plants to dry out. Anything that slows growth will make it less likely that plants will mature enough to survive the winter. Seedings done after the cut-off date can be successful, but the success rate goes down the later the planting date. Late plantings that fail are usually not killed by cold temperatures but rather desiccation. The freezing and thawing of soils heave poorly rooted grass plants out of the ground, which then dry and die. Keeping plants watered will help maximize root growth before freezing weather arrives.

Amending Soils with Sand



Sand is sometimes suggested as an amendment material for clay soils. However, there is good reason to be cautious about using sand. In order for sand to be effective in breaking up a clay soil, sand grains must touch one another so there are pore spaces between grains that can hold air and/or water. If the grains do not touch, the clay fills in all the voids between the sand particles leaving no room for pores. This is the same principle used to make concrete and the result is somewhat the same. You end up making a bad situation worse. So how much sand does it take for it to be effective? Normally, we consider about 80 percent sand to be sufficient. In most cases this makes the use of sand impractical. The addition of organic matter is a much better choice.

ines for Div

Past Issues



Source: University of Minnesota Extension

- Divide perennials on a cloudy, overcast day as dividing on a hot sunny day can cause the plants to dry out.
- Water the soil a day in advance if the area to be worked on is dry. Ideally, divide plants when there are a couple days of showers in the forecast to provide enough moisture for the new transplants.

When to divide

Divide when the plant is not flowering so it can focus all of its energy on regenerating root and leaf tissue.

Divide fall blooming perennials in the spring because

- New growth is emerging, and it is easier to see what you are doing.
- Smaller leaves and shoots will not suffer as much damage as full-grown leaves and stems.
- Plants have stored up energy in their roots that will aid in their recovery.
- Rain showers that generally come along with the early season are helpful.
- Plants divided in spring have the entire growing season to recover before winter.

Divide spring and summer blooming perennials in the fall because

- There is less gardening work to do in the fall compared with spring.
- It is easy to locate the plants that need dividing.
- Perennials with fleshy roots such as peonies (*Paeonia spp.*), Oriental poppy (*Papaver orientale*) and Siberian iris (*Iris siberica*) are best divided in the fall.
- When dividing plants in the fall, time it for four to six weeks before the ground freezes for the plants roots to become established. This is particularly important in colder, northern climates.

How to divide perennials

1. Dig up the parent plant using a spade or fork.
2. Gently lift the plant out of the ground and remove any loose dirt around the roots.
3. Separate the plant into smaller divisions by any of these methods:
 - Gently pull or tease the roots apart with your hands;
 - Cut them with a sharp knife or spade;
 - Or put two forks in the center of the clump, back to back, and pull the forks apart.
4. Each division should have three to five vigorous shoots and a healthy supply of roots.

Some Trees Weather Wet Soils Better Than Others



The splendor of trees and shrubs comes from what is above ground, but don't forget about what lies beneath. Poorly drained areas, easily identified after a downpour of rain, are not suitable for some trees or shrubs.

Soil plays a vital role in the survival of trees and shrubs in the landscape.

Planting the right trees and shrubs in poorly drained sites has many benefits. Roots take up excess water and promote improved soil filtration. Reducing standing water can help decrease mosquito populations and create a more pleasurable environment.

Tree placement and Care

When deciding on a new tree for a wet area, think up and down, imagining both the mature canopy and the expansion of the root system.

Trees that do well in wetter soils often have a shallower root system, so be prepared to find those roots at or near the surface as the tree matures.

Do not plant trees in wet areas in the fall. One threat to planting in wet soils is frost heaving, an upward swelling of the soil during freezing conditions caused by ice formation in the pore spaces of soils. Plant trees and shrubs on wet sites during the early spring to ensure a full season of growth and reduce the likelihood of frost heaving that happens with a fall planting.

Know Before You Grow

It is much more cost-effective to plant the right species for the location than to try to adjust the site conditions.

Trees and shrubs that thrive in wet sites include:

- Downy serviceberry, *Amelanchier arborea*

- River birch, *Betula nigra*
- American hornbeam, *Carpinus caroliniana*
- Common hackberry, *Celtis occidentalis*
- Dawn redwood, *Metasequoia glyptostroboides*
- Black gum, *Nyssa sylvatica*
- Bald cypress, *Taxodium distichum*
- Buttonbush, *Cephalanthus occidentalis*
- Gray dogwood, *Cornus racemosa*
- Redosier dogwood, *Cornus sericea*
- Spice bush, *Lindera benzoin*

Source: Illinois Extension

Recipe

Summer Veggie & Wild Rice Bake



Summer Veggie & Wild Rice Bake

1 (6 ounce box) wild rice with herbs and seasoning	1 green pepper, chopped	½ cup coarsely chopped fresh basil
1 tablespoon olive oil	1 medium onion, chopped	2 teaspoons salt
1 medium eggplant, peeled and diced	6 cloves garlic, minced	1 teaspoon pepper
2 yellow squash, cut lengthwise, sliced crosswise	3-5 tomatoes, coarsely chopped	1 cup low fat shredded Italian cheese blend

Heat oven to 350 degrees F. Prepare wild rice in saucepan according to package directions. Remove from heat; drain excess water; stir in packet seasonings. Heat oil to medium high in large skillet. Add eggplant, squash, pepper and onion; stir and cook 5 minutes or until tender crisp. Stir in garlic and cook 1 minute. Add tomatoes, basil, salt and pepper; stir occasionally and cook 2 minutes until heated through. Stir in wild rice and spoon into a 9-by-13 inch baking dish

that has been coated with cooking spray. Top with cheese and cover with aluminum foil. Bake 35 minutes or until bubbly. Uncover and bake an additional 5 minutes.

Yield: 16
Serving Size: ½ cup

Nutritional Analysis:
90 calories, 2.5 g fat, 1 g saturated fat, 5 mg cholesterol, 469 mg sodium, 13 g carbohydrate, 2 g fiber, 3 g sugars, 4 g protein.

Kentucky Eggplant

SEASON: Late June to October.

NUTRITION FACTS: Eggplant contains small amounts of several important vitamins that are needed daily. It is very low in sodium and calories, with only 15 calories for a half cup serving.

SELECTION: Select firm, heavy eggplant with smooth, shiny, deep purple skin. Choose medium size eggplant, about 3 to 4 inches in diameter.

STORAGE: Store soon after harvest or purchase in the vegetable crisper in the refrigerator. Use within one week.

PREPARATION: Eggplant is a versatile vegetable and can be baked, broiled, grilled, fried,

stuffed or used in a variety of casseroles in combination with other vegetables. It works well with tomatoes, garlic, onions and cheese. One pound equals 3 cups diced. Eggplant should be peeled before preparation, unless it is very young and tender.

To broil or grill: Cut into three-fourth inch slices and brush with margarine or Italian dressing. Broil or grill for about 5 minutes on each side, until eggplant is tender and browned. Remove from heat and sprinkle with grated Parmesan cheese.

To season: Use marjoram, oregano, allspice, chili powder, curry powder, garlic, basil or rosemary.

KENTUCKY EGGPLANT

Kentucky Proud Project
County Extension Agents for Family and Consumer Sciences
University of Kentucky, Dietetics and Human Nutrition students
July 2016

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand. <http://plateitup.ca.uky.edu>



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click on recipe to go to larger version of recipe

